

# MINDHACKING HAPPINESS

For Business & Personal Success

matthale



Engaging, Educating, Entertaining Upbeat Keynote Presentation

Audiences & event organisers love Matt Hale - the most entertaining, original & upbeat keynote speaker on increasing productivity and performance, and improving happiness, and mental health

## Corporate Keynotes Reimagined -fun, motivating and uplifting

Let international "mind hacks" expert speaker & entertainer, and author of the no.1 Amazon bestseller "Mindhacking Happiness", Matt Hale, show your attendees how to use the way they think to get where they (and you!) want... and set it on autopilot. They will also laugh...a lot!

In this fun, interactive presentation, Matt gives your attendees simple, easy to implement, practical mental techniques to:

- increase their productivity and performance
- feel fantastic
- form great habits, break bad ones
- reach goals and targets
- generally improve their business and personal lives

Matt knows that when you change the way you see things in your mind, you also change behaviours. So, let's show your attendees how to be happier and more successful...  
...by choice, not chance!

"Just AWESOME!! Makes me really happy to get such positive feedback and know that our actions are making a difference"  
-Julie Shuttleworth, Deputy CEO, FMGL

"Amazing experience with great takeaways for all our staff. Matt's engagement style, energy and excellent tips to improve our thinking left us all with a great positive feeling about what we are capable of. Staff feedback was overwhelming. A very high quality presentation from an experienced motivator"  
- Chris McLaughlin, COO, Cirrus Networks

